

## Your Journee trip to Malta

### **You're off to explore Malta!**

In your Trip Matchmaker form, you told us you wanted to go on a birthday trip to somewhere new and exciting. You like to be active in beautiful nature including hikes to incredible viewpoints. Finally, you wanted sunshine, some R&R, tasty gluten-free pescatarian food and lively bars to drink at.

With all these things in mind, we've matched you with Malta! The country receives near year-round sunshine and is blessed with a stunning coastal landscape, making it an ideal base to be out in nature.

You will be exploring this natural beauty on a guided hike that will take you to some splendid views. We've also planned some downtime to swim and snorkel in lagoons with crystal clear water.

Finally, we have found some great gluten-free and pescatarian restaurants for you to eat at. They're listed towards the end of this itinerary!

Happy exploring!

## Your trip highlights

- Explore the stunning natural beauty of Malta on a **guided Camino hike**
- **Swim in the crystal clear waters** of hidden coves
- Explore the **sites** and **breathtaking viewpoints in Gozo**
- Take a leisurely stroll in the **picturesque city of Valletta**
- Enjoy the **tasty local food** and **get merry** in the bars of Malta

## Your trip overview

### Day 1

Take your late-night flight from Heathrow to Malta

Pick up your rental car and check in to the nearby apartment

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### Day 2

Explore the Old Town of Valletta

Take a ferry to Gozo and check in to your apartment

Explore the coastline and the famous Salt Pans

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### Day 3

Go on a guided hike to the island of Comino and visit secret lagoons, valleys and fortifications

Swim around the Blue Lagoon

Take the ferry back to Gozo

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### Day 4

Explore the Mixta Cave followed by some beach time

Go back to the island of Malta, drop the car off and leave for the airport

## Your trip itinerary

We've highlighted the most important events of your trip in the table below. Along with all the information you'll need to make them happen.

Travelling well involves a good dose of discovery, so between these events and planned experiences, go and explore!

### To help with this exploration, refer to:

1. Your **Malta Destination Guide** which we included in your Trip Pack.
2. Our curated list of **places to eat and drink** (matched to your dietary requirements) found at the end of this itinerary.

When	What
<b>Fri, 25 Oct</b> 6:00 pm	<b>Your flight departs London Heathrow</b>
<b>Fri, 25 Oct</b> 8:30 pm	<b>Pick up your rental car</b> <ul style="list-style-type: none"><li>- Location: In-terminal desk at the airport</li><li>- Phone:</li><li>- Rental period start time: 8:30 pm on 25 Oct</li><li>- Rental period end time: 8:30 pm on 28 Oct</li><li>- Voucher number:</li><li>- Booking confirmation number:</li><li>- Already paid for by Journee</li></ul>
<b>Fri, 25 Oct</b> 10:00 pm	<b>Checkin to your apartment in Malta</b> <ul style="list-style-type: none"><li>- Location:</li><li>- Phone:</li></ul>

- Check-in time: 3pm-11pm on 25 Oct
- Check-out time: 8am-12pm on 26 Oct
- Check-in instructions: Someone will check you in in person, so please message on the above number when you are close by
- Parking: Free private parking nearby
- Booking confirmation number:

**Sat, 26 Oct**

10:30 am

**Catch the ferry to Gozo**

- Location: Cirkewwa Passenger Terminal (40 mins drive away)
- Ticket: €30 (you'll need to pay in cash)
- Duration: 1 hour

**Sat, 26 Oct**

3:00 pm

**Checkin to your apartment in Gozo**

- Location:
- Phone:
- Check-in time: 3pm-11pm on 26 Oct
- Check-out time: 8am-12pm on 28 Oct
- Check-in instructions: Someone will check you in in person, so please message on the above number when you are close by
- Parking: Free private parking nearby
- Booking confirmation number:

**Sun, 27 Oct**

8:15 am

**Comino tour begins**

- Meeting point: Mgarr Port (25 mins drive away)
- Who: Sam
- Phone:
- Duration: 8 hours

- Already paid for by Journee

**Mon, 28 Oct**  
8:00 pm

**Your flight departs Malta**

## **Our favourite places to eat and drink**

Here are our absolute favourite places to eat and drink in Malta. These recommendations are based on your dietary requirements, dietary requirements and where you're staying.

Let us know if you discover somewhere that we should add to this list!

### **MALTA**

#### **For breakfast and coffee**

##### **Delizie Siciliane (£)**

Sliema area | Triq il Kbira

Tiny Sicilian coffee shop great for breakfast, a quick lunch or evening coffee. Try the freshly made cannoli with pistachio!

##### **Lot Sixty One Coffee Roasters (£)**

Valletta area | Old Theatre Street

A small and cute coffee shop with outdoor seating that roasts their own beans. People especially like their flat white with a side of banana bread.

##### **Gustogiusto (£)**

Sliema area | Triq San Vincenz

The first "paninoteca" or sandwich shop in Malta. They have over 30 different sandwiches, prepared daily with fresh ingredients. Enjoy a sandwich with some freshly squeezed orange juice.

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## For lunch and dinner

### **Charles Grech Bistro (££)**

Sliema area | Triq Sir Adrian Dingli

They have a lovely atmosphere, a good wine list, and a little bit of sea view too. They serve fabulous Mediterranean food, their creme brulee is great and the pasta is pretty good too. Prior reservation is recommended and they accept cash only.

### **Balance Bowl (££)**

Sliema area | Griza

Pure vegan eatery offering wraps, zap baguettes with toppings, burgers, smoothies, juices, and raw desserts. They also have an unlimited nutrition bar where you pay once and eat as much as you want.

### **Foam and Fork (££)**

Sliema area | Griza

Foam and Fork served great vegan and vegetarian dishes which are healthy too. They specialize in vegan but have meat options as well. Try one of their healthy smoothies.

**Wigi's Kitchen (££)**

Sliema area | St Julian's

A little family-run restaurant overlooking the sea. Their menu is constantly changing based on the fresh ingredients available. Guests love the fish of the day. For dessert try the strawberry meringue.

**Palazzo Preca (££)**

Valletta area | 54 Strait Street

A family-run place serving Mediterranean and Maltese cuisine. It has a romantic ambience and a great drink and wine selection. Their seafood is great and the Frito Misto (seafood platter) is a must-try.

**Noni (££)**

Valletta area | On Republic Street

A 2020 Michelin Star restaurant serving amazing amuse-bouche. Noni has a great choice of wines. Eating here is a sensational culinary experience in a setting which is a mix between old-school and contemporary. They are also vegan and vegetarian friendly.

**Adesso (££)**

Valletta area | South Street Valletta Building

Adesso wants its guests to stop and enjoy the now so they have removed the hands from their clocks! It's a lovely restaurant serving vegan and vegetarian dishes as well as meat.

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## For drinks

### **Hole in the Wall Bar & Cafe (£)**

Sliema area | High Street

One of Malta's oldest bars, it's tucked away. One of the best places to grab a beer in the afternoon and play some board games. Or to meet some new people while enjoying good music in the evening. Oh, and their toasties are delicious!

### **Plough & Anchor Pub (£)**

Sliema area | Tower Road

A family-run bar with great nightlife. They have a lot of choices of spirits and local beers. It's small and cosy with a unique atmosphere and interior inspired by life at sea. The staff are very friendly too.

### **Alchemy (££)**

Valletta area | Strait Street

Alchemy has professional mixologists creating unexpected, creative and sensational combinations. It is tucked away in a small alley and has outdoor seating too. Try their Negroni.

### One small request

Planning your trip has been a labour of love for us. So we can continue to provide tailored and exciting travel experiences, please don't share this itinerary with anyone else.

Thank you for trusting us with your travel plans and joining us on our mission. We're proud to call you a Journey Explorer, and it's open-minded travellers like you that make the world a better place.

Until the next adventure!

Team Journey x